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About Open Mind, Open Heart This book
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deep, living relationship with God.
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'Open heart, Open mind' is one of the best books on Centering prayer that I have read to date. Centering prayer is a form of quiet sitting meditation focusing

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on a sacred word as a symbol that brings our wandering thoughts to a stillness before the divine Presence ('Be still and know ...') and opens up our receptivity to the divine presence and action in our lives.

Open Mind, Open Heart 20th Anniversary Edition: Keating ...

"Open Mind, Open Heart" is a classic work on the nuts and bolts of contemplative prayer, otherwise known as the Centering Prayer, and will assist the reader in establishing a daily contemplative prayer practice at any stage of spiritual development.

"Invitation to Love" is an amazing work that I almost recommend reading first, before the other two.

The Foundations for Centering Prayer and the Christian ...

"Open Mind Open Heart" is an excellent introduction and guide to Centering Prayer. As a Christian exploring the spirituality of the East over many years,

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Father Keating's book was one of the influences that brought me full circle back into Christ's "little flock". The work described in this book is an endeavor for a lifetime.

Open Mind, Open Heart 20th Anniversary Edition: Thomas ...

Open mind, open heart the contemplative dimension of the gospel This edition published in 1986 by Amity House in New York.

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Open Mind, Open Heart The Contemplative Dimension of the Gospel This edition published in June 1994 by Continuum International Publishing Group. The Physical Object Format Paperback Number of pages 148 Dimensions 8.9 x 6 x 0.5 inches Weight 8.8 ounces ID Numbers Open Library OL8167509M ISBN 10

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